K9-101 Dog Behavior

Homework for Week 1 (Mark Plonsky, Ph.D. © 2015-2021 v. 3)

These HWs are designed to supplement in person classes.
They are not required & you don't have to turn them in.
Please bring a 6-foot leash, treat bag, & treats (ex. small pieces of meat or cheese) as well as an interactive toy that doesn't squeak (ex. ball on rope or tug toy).

	DAY OF THE WEEK (write them in)						
BEHAVIORS	**1**	**2**	**3**	**4**	**5**	**6**	**7**
Say "*Good*" & Then give the dog a **Treat** Try for 2 sessions of 2-3 trials per day. The word "*Good*" will be a **marker** or helpful signal that can be used in training.							
Practice Luring **Sit** - Treat goes slowly over the dogs head. When the dog's butt hits the floor, say "*good*" & give treat. **Down** - Treat goes under your palm & moves to the floor. When both elbows & belly of the dog hit the floor, say "*good*" & give treat.							
Heeling (or the beginning of it) Practice having the dog walk at your side. Pick one side or the other and stick with it. Use treats to keep the dog attentive to you.							
A Trick Begin thinking about/working on something to show off during the last class.							
Give Your Dog 15-30 mins of Exercise Younger & more active dogs will need 30 min or more. Retrieving a toy & swimming are good examples. 15 min of walking would be an absolute minimum. Try hard to do this daily.							